

## Organisers Comments

Firstly, a massive thank you to all my helpers who all turned up on time and did a great job of keeping everyone happy and making sure the whole thing ran like clockwork on the day. Thanks also to the members of the Ahmadiyya Muslim Community who provided free drinks for thirsty finishers which were very welcome.

Thank you to Richard for planning the courses which were very well received and to Chris as Controller for his invaluable knowledge of the BO rules. Special thanks to Emma, David, Simon and Jackie P for their support and advice over the last few months and for all of their efforts today - I really couldn't have done it without you.

Finally, a big shout out to the unknown nurse who leapt to the aid of a hapless competitor who tripped over the kerb next to her (parked) car, aggravating an old injury. She swiftly bandaged him up and drove him back to Assembly, a bit shaken but otherwise OK.

This was my first event as Organiser and it was great (not to mention a relief) to hear only positive comments about the day from people in the Arena. Would I do it again? Ask me in a year.....

Helen